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ABSTRACT:

Brainspotting: A Doorway of Healing for Sexual Addicts in the Church

This workshop will hopefully provide an understanding for Christians why Brain Spotting could be a very important treatment for Christ-followers to experience the healing that our Lord purchased for us on the Cross. It will also give those clinicians who work with the Christian community a better understanding of why Christians can be very closed to counseling or therapy but more importantly a way of effectively dealing with their reservations.

It will cover the addiction cycle from a neurological perspective that will make sense to people of Christian faith and why this is can be a very effective way of dealing with shame which so much a part of the Christian community's struggle with sexual issues. Hopefully, it will begin to build a doorway to an honest discussion with the Christian community that will lead to real freedom and mutual respect.