

In every brainspotting training phase 1 (I attended) with David and my own trainings there is always someone asking about how brainspotting can be used with blind people. This presentation is the answer for this question that has been my own curiosity for ages. So this presentation aims to demonstrate with videos how to use brainspotting with blind people, show the instruments we use in the pointer to add the sound, important adjustments and education in how to work with blind people from the moment you meet them and the way perceive, communicate and feel about blind people. In order to expand the discussion about this experience the presenter will share her personal experience working with blind people and how she felt in the dual attunement after choosing to talk to them with her own eyes covered. These practices of BSP with blind people can be expanded and can influence therapists to become more interested and prepared to work with blind people as well as to offer different ways to use brainspotting with sighted people with closed eyes. This presentation might influence and inspire research on the usage of brainspotting with blind and sighted people with closed eyes, and support and educate other therapists to work with blind client.

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