

# 2<sup>nd</sup> International BSP Conference

## Abstract Submission Dr Melanie Young

**ABSTRACT 242 words**

**TITLE:**

**THE Q & A to have all your BSP questions answered –  
well, as many as we can in 2 hours anyway.**

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The presentation will be in the format of a Q & A session with two BSP Trainers, Dr Melanie Young from Boulder, USA

She will be answering questions from the attendees, submitted prior to the presentation, relating to the attendees use of BSP.

The purpose is to clarify any blocks, confusion, BSP concepts, Set Ups, or case questions the participants feel stuck with, and to facilitate participants to have improved confidence, and clarity with their use of BSP in their current practice.

Most Brainspotters, especially early in their training, have very similar questions and we want to provide a forum where they can all gather and have those questions answered.

We invite all questions, especially the ones attendees think they “should know”, or feel are “silly” questions, as well as more complex or challenging questions.

There will be a box available in the main lecture room that participants can drop their written questions into during the first day or two of the Conference. (depending on what day this presentation is scheduled to occur)

**NOTE:** We do not have expertise with treating children., so this Q & A is not for BSP questions relating to using BSP with children specifically.

Topics and Populations we do have experience with include, but are not limited to; adults, teens, TBI, all types of addictions, mood-disorders, medical presentations, all types of trauma, attachment rupture and repair, combining BSP with other modalities.