

Fulfillment by Brainspotting treatments with children and adolescents

Abstract:

Let me take you on a journey into the children's world while offering Brainspotting.

Touching experiences gained from "brainspotting" with young people will be shared narratively.

How this technique can be used from babies to adolescents is transmitted through several real-life experiences in different cultures.

The goal of this presentation for the audience is to be able to apply and understand Brainspotting in its complexity when using it with children or the child parts in adolescents.