

## Hemispheric BSP:

Throughout the talk I 'll develop a new way of technical application of One Eye per time Brainspotting modality.

The use of One eye lenses, stimulates the cerebral contralateral areas (hemispheres)through light. Each of them processes in a specific and particular way (right: holistic, general.- left:specific, particular) The Corpus Callosum connects and inhibit each hemisphere to favor processing moments in each area

Hypothesis of Hemisphere BSP is that we can processes alternately in a different way promoting the integration of information often paradoxical in dissociation and trauma of attachment

The use of laterality allows assimilating and digesting information in a more focused way. We've observed how dissociated material appears more easily and clients are amazed at how the unprocessed information is even more easily integrated

With the use of glasses in constant change, there is a more active role in the client favoring dual attunement and the capacity to be more in the present

I will explain and show the protocol and its administration and if there is enough time I will practice with a participant to show management.